WHAT IS INTIMATE PARTNER VIOLENCE (IPV)?

Understanding IPV

Intimate partner violence (IPV) is defined as physical, sexual, or psychological harm by a current or former partner or spouse and is characterized by coercive and controlling behavior that includes:

- Unsolicited contact or stalking
- Verbal intimidation and threats
- Emotional manipulation
- Nonconsensual sex
- Physical battery

If your partner exhibits any of the following behaviors, you may be in an abusive relationship:

Controls Your Actions:
Controls what you do, who you talk to, and where you go.

Monitors:
Checks your phone, social media, emails or tracks your location.

Financial Abuse:
Controls all of the financial aspects or your relationships or takes your money.

Devalues:
Insults, embarrasses your or demeans you with put downs.

Physical Abuse:
Physically intimates you. Pushes you, slaps you, chokes you or hits you.

Manipulates or Coerces:
Bullies, manipulates or forces you to have sexual intercourse.

Exhibits Aggression:
Destroys your property or threatens to kill your pets. Threatens to take away your children.

Threatens Violence:
Intimidates you with guns, knives, or other weapons. Threatens to hurt themselves and/or you.

Sources: American College of Surgeons Intimate Partner Toolkit

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