

# THE FRAUD FALLOUT

## THE IMPACT OF FINANCIAL FRAUD ON RELATIONSHIPS—WITH OTHERS, WITH MONEY, WITH SELF

1.5 HOUR CE Credit Approved, CE Statements (Page 2)

Hosted by Give an Hour, and Supported by FINRA Investor Education Foundation



Sept. 9th  
12:00 PM ET

### Module 4 of our Financial Fraud Support Training Series for Mental Health Providers

#### TRAINING OUTLINE

This training explores the profound impact of financial fraud on survivors' relationships with others, with money, and with themselves. Participants will examine how fraud strains personal relationships, disrupts financial attitudes, and damages self-identity and mental health. The module will provide trauma-informed strategies for rebuilding trust, restoring financial confidence, fostering self-compassion, and re-establishing healthy boundaries and social support networks.

#### INSTRUCTORS:

**Julie Wells, MA**  
Director of Strategic Development, Give an Hour

**Vanessa Zinke, LCSW**  
Give an Hour Provider



Julie Wells is the Director of Strategic Development at Give an Hour, where she leads efforts to expand mental health initiatives and strategic partnerships. She brings extensive experience in program development, organizational growth, and community engagement in the nonprofit sector.



Vanessa Zinke is a licensed clinical social worker and co-founder of Reaching Resilience Therapy in New York City. Trained as a medical social worker, she spent several years in hospital settings before transitioning into psychotherapy and consulting. Since 2022, she has partnered with Give an Hour to design and co-facilitate trainings for mental health professionals and rare caregivers, including the organization's first rare care peer support program. Vanessa specializes in supporting individuals facing medical trauma, as well as teens, college students, young adults, and those navigating life transitions.



#### LEARNING OBJECTIVES



##### Examine the Impact of Financial Fraud on Personal Relationships

Examine how financial fraud strains relationships with family, friends, and partners, and identify strategies for loved ones to support victims in healthy, empowering ways.



##### Apply Strategies to Rebuild Healthy Boundaries and Social Support

Apply strategies to help individuals rebuild healthy boundaries, recognize safe relationships, and re-establish supportive networks after experiencing financial fraud.



##### Analyze Shifts in Money Attitudes After Fraud

Analyze how financial fraud affects an individual's relationship with money, including fear of financial decisions, hypervigilance, avoidance, and long-term financial insecurity.



##### Recognize the Impact of Financial Fraud on Self-Identity

Recognize how financial fraud victimization impacts self-worth, shame, identity, and mental health, and identify strategies to rebuild confidence and resilience.



##### Apply Trauma-Informed Strategies to Rebuild Trust

Apply trauma-informed strategies to help individuals rebuild trust in others, restore financial confidence, and foster self-compassion following financial fraud.

# COURSE COMPLETION AND CE INFORMATION

## FOR GIVE AN HOUR MENTAL HEALTH PROFESSIONAL LIVE TRAINING & WORKSHOPS

### Course completion requirements:

- For any general questions or concerns, including those related to accessibility, please contact: [providerrelations@giveanhour.org](mailto:providerrelations@giveanhour.org).
- At the end of the training session, a link to the post-assessment will be shared in the Zoom chat. The link will also be sent via email the following day.
- Two unique codes will be shared at random times during the session. Please take note of these codes — they are required to complete the post-assessment.
- Licensed Mental Health Professionals must attend the entire course, pass the post-assessment with a score of 80% or higher, and complete a course evaluation to be eligible for CE credit. Once all items are completed, the certificate will be automatically available for download in the ProProfs system.
- Cancellation and refund policies do not apply to Give an Hour trainings, as all of our trainings are offered free of charge. If you are unable to attend, simply do not participate—no penalties will be incurred, and no further action is required.
- You must join the training through Zoom using a web browser or the app. Phone (audio-only) participants are not eligible for credit, as attendance cannot be tracked.

### Approved CE Statements:

- Give an Hour provider # 2097, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 04/30/2025– 04/30/2026. Social workers completing this course receive 1.5 cultural competence continuing education credit.
- Give an Hour has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7552. Programs that do not qualify for NBCC credit are clearly identified. Give an Hour is solely responsible for all aspects of the programs
- Give an Hour is approved by the American Psychological Association to sponsor continuing education for psychologists. Give an Hour maintains responsibility for this program and its content.

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Noninteractive Live Synchronous  
Distance Course

## THE IMPACT OF FINANCIAL FRAUD ON RELATIONSHIPS—WITH OTHERS, WITH MONEY, WITH SELF TRAINING AGENDA



September 9, 2025  
12:00PM - 1:30PM

### Agenda – Module 4: The Impact of Financial Fraud on Relationships

**Date: September 9, 2025 | Time: 12:00–1:30 PM ET**

#### Facilitators:

**Julie Wells, Give an Hour**

**Guest Speaker: Vanessa Zinke, LCSW**

12:00 – 12:05 | Welcome & Orientation

- Welcome, CE requirements, session overview, and introductions

12:05 – 12:10 | Framing the Conversation

- Fraud as relational, financial, and identity trauma
- Review of learning objectives

12:10 – 12:30 | Examine the Impact of Financial Fraud on Personal Relationships

- The ripple effect on relationships
- Strain and breakdown
- When loved ones become secondary victims
- Case example: resilient partnership
- Letting go to heal

12:30 – 12:45 | Apply Strategies to Rebuild Healthy Boundaries and Social Support

- Isolation VS Connection
- Boundaries and communication
- Boundaries after fraud
- Community and peer support as a roadmap for recovery

12:45 – 1:00 | Analyze Shifts in Money Attitudes After Fraud

- Recap: The Ripple Effect – life disruption after fraud
- Lifestyle and financial shifts

- The daily reality of money
- Hypervigilance and avoidance

1:00 – 1:15 | Recognize the Impact of Financial Fraud on Self-Identity

- Shattered identity
- How identity is disrupted
- Worldview and identity rupture
- Reclaiming identity after fraud

1:15 – 1:25 | Apply Trauma-Informed Strategies to Rebuild Trust

- Clinical approaches
- Building self-trust
- Rebuilding trust in others
- Navigating uncertainty
- When helpers hurt – countering stigma

1:25 – 1:30 | Wrap-Up & Closing

- Summary of key takeaways
- Companion resources: Identity & Trust Repair Worksheet, Worldview & Meaning-Making Tool
- Resources, referrals, and CE evaluation instructions

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