

# TELEMEDICINE INTERVENTIONS FOR MENTAL DISORDERS

**On- Demand: Self-Paced Video Format**

This course is for: Psychologists, Counselors, Social Workers, Marriage and Family Therapists and Addiction Counselors

## COURSE DESCRIPTION

The increasing availability and potential of telemental health (TMH) treatment necessitates that the practitioner has an understanding of the empirical evidence concerning the feasibility/acceptance and impact of telemental health (TMH) interventions on disease management and specific mental health disorders. It is of paramount importance that practitioners, payers, policymakers, program developers, and members of the broader public understand definitive information regarding the true merit of TMH. The accessibility of TMH, the effects on medication compliance, related health outcomes, and associated costs were further considered in the accompanying study.

## LEARNING OBJECTIVES



Review the concepts, interventions in mental health management, and suggested improvements for TMH



Consider the review of TMH findings pertaining to various mental health disorders



Understand each identified study and how it relates to the overall theme of TMH



Review the costs, summaries, and conclusions associated with TMH




**Course Completion Requirements:** All course materials are included in your AATBS student account. Attendees must read the course material and complete the accompanying test with a score of 75% or higher. Customers may retest if they score below 75%.

For Questions and Comments contact us at [providerrelations@giveanhour.org](mailto:providerrelations@giveanhour.org)

- **Course Level: Intermediate**
- **Course By: Tamara Avery, PsyD**
- **Content By: Bashshur, R.L., Shannon, G.W., Bashshur, N., and Yellowlees, P.M. (2016). The Empirical Evidence for Telemedicine Interventions in Mental Disorders. *Telemedicine Journal and e-Health* 22(2):**

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