

# SUPPORTING THE RARE DISEASE COMMUNITY

## Clinical Interventions for Licensed Mental Health Professionals

Elevate Your Skills in Just 75 Minutes  
Join **Vanessa Zinke, LCSW**, for an advanced training session designed to deepen your understanding and enhance your clinical skills in **supporting the rare disease community**. This session builds on Give An Hour's foundational training, introducing **trauma-informed strategies and clinical considerations** for mental health professionals.

1 HOUR CE Credit  
**ON-DEMAND**

### Learning Objectives:

- ✓ **Comprehensive Insight:** Understand the unique needs and stressors of those affected by rare diseases.
- ✓ **Evidence-Based Strategies:** Learn clinical interventions and practical tactics for effective support.
- ✓ **Direct Impact:** Increase your competence in delivering mental health treatment tailored to the rare disease community.

### Measurable Results:

- ✓ Identify 5 unique considerations for supporting the rare disease community.
- ✓ Recognize 3 common stressors affecting caregivers and apply strategies to alleviate them.
- ✓ Implement 3 evidence-based interventions and self-care tactics to reduce caregiver fatigue.

Expert instruction by **Vanessa Zinke, LCSW**, a seasoned psychotherapist and advocate for individuals facing medical trauma.

Focused education on:

- psychosocial impacts
- caregiver challenges
- specialized treatment plans



### TRANSFORM YOUR PRACTICE:

[Registration Link](#) 

