



# Green Flags

## FOR A HEALTHY RELATIONSHIP

We often focus on the negative aspects or "red flags" in relationships instead of GREEN flags to cultivate healthy, consensual and safe relationships. Emphasizing your wants and needs brings you one step closer to making a healthy relationship a reality. This outlook allows each person in the relationship to grow as individuals, as well as together.



You Feel Like Yourself  
Around Each Other



You Each Take Accountability  
For Your Actions



You Support Each Other  
Without Judgement



You Each Communicate  
Respectfully, Especially  
During Conflicts



You Respect Each Other's  
Boundaries, Autonomy  
and Privacy



You Take Time for Each Other  
and Gestures are Reciprocal



You Both Have Fun and Exercise  
Moderation and Discernment



You Have a Support System That  
Doesn't Involve Only Each Other