

# RARE CARE PEER SUPPORT INFO SESSION

Give an Hour is proud to introduce, Rare Care, a customized peer support training program designed specifically for Rare Disease Caregivers.

- Peer support is the process of giving and receiving encouragement and assistance to achieve and maintain emotional wellness and resilience. Peer supporters offer emotional support, share knowledge, teach skills, provide practical assistance, and connect people with resources, opportunities, communities of support, and other Rare Caregivers. Peer support is not therapy, or professional counseling, it is an opportunity to connect with other Rare Disease Caregivers to learn, share, and connect.

FUTURE RARE CARE PEER  
SUPPORT TRAINING SERIES

DATES:

COHORT #1: TUESDAYS,  
8/9/22-9/13/22

COHORT #2: TUESDAYS,  
10/4/22-11/8/22

**Interested in learning more? Join our RARE CARE PEER SUPPORT INFORMATION SESSION on Zoom, Tuesday, August 2, 2022 from 6:00-7:00 p.m. (PT). The info session will cover all you need to know about becoming a peer supporter, and accessing peer support services.**

**Registration link:**

<https://ztd9jujs.paperform.co/>