



PEER SUPPORT TRAINING

Give an Hour TIPS (Trauma Informed Peer Support) Training is our evidence informed peer support training. These sessions are virtual held on Zoom. In this training, we talk about what peer support is, some challenges you may face and how to care for yourself while you are caring for others

TRAINING DATES

- Friday January 19th 5-9pm EST
- Wednesday February 21st 5-9pm PST
- Saturday April 20th 12-4 pm PST
- Wednesday May 15th 5-9 pm EST
- Thursday June 20th 12-4 pm PST



**REGISTER
NOW!**

www.giveanhour.org
REGISTER/QUESTIONS?

EMAIL: mmaurer@giveanhour.org