Pathways to Resilience: EMPOWERING VICTIMS OF CRIME

**Description:** This mental health trauma training equips professionals with vital knowledge, skills, and tools to adeptly navigate the complexities of trauma stemming from direct and indirect exposure to crime. The program delves into understanding the psychological ramifications of crime on victims, identifying trauma symptoms like PTSD and anxiety, honing effective communication to foster trust, and providing tailored, trauma-informed care prioritizing safety and empowerment.

**Learning Objectives:**

- **Understanding Trauma:** Participants will gain a comprehensive understanding of the psychological impact of crime on victims, including the various forms of trauma they may experience.

- **Identifying Symptoms:** Participants will develop the ability to recognize signs and symptoms of trauma-related mental health issues in victims of crime, such as Post Traumatic Stress Disorders, Anxiety Disorders, and Depression.

- **Effective Communication:** Participants will learn to enhance communication skills to establish rapport, provide support, and facilitate trust-building with victims of crime in a mental health context.

- **Trauma-Informed Care:** Participants will acquire knowledge and skills in providing trauma-informed care and interventions tailored to the unique needs of crime victims, while prioritizing safety, trust, and empowerment.

- **Empowerment and Resilience:** Participants will learn how to facilitate empowerment and resilience in victims of crime by promoting coping strategies, self-care techniques, and resources for healing and recovery.

- **Cultural Sensitivity:** Participants will develop cultural competence and sensitivity to address the diverse backgrounds and experiences of crime victims, recognizing the impact of cultural factors on their mental health and help-seeking behaviors.

**REGISTER NOW**

**ZOOM REGISTRATION:**

To request special accommodations please contact us at providerrelations@giveanhour.org

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