

Pathways to Resilience: EMPOWERING VICTIMS OF CRIME

DATE: TUESDAY, SEPTEMBER 10TH

TIME: 10 A.M.-11:15 A.M. EST

LOCATION: ONLINE



Description: This mental health trauma training equips professionals with vital knowledge, skills, and tools to adeptly **navigate the complexities of trauma stemming from direct and indirect exposure to crime.** The program delves into understanding the psychological ramifications of crime on victims, identifying trauma symptoms like PTSD and anxiety, honing effective communication to foster trust, and providing tailored, trauma-informed care prioritizing safety and empowerment.

Learning Objectives:

- Understanding Trauma: Participants will gain a comprehensive understanding of the psychological impact of crime on victims, including the various forms of trauma they may experience.
- Identifying Symptoms: Participants will develop the ability to recognize signs and symptoms of trauma-related mental health issues in victims of crime, such as Post Traumatic Stress Disorders, Anxiety Disorders, and Depression.
- Effective Communication: Participants will learn to enhance communication skills to establish rapport, provide support, and facilitate trust-building with victims of crime in a mental health context.

REGISTER NOW **ZOOM REGISTRATION:**



To request special accommodations please contact us at providerrelations@giveanhour.org

PO Box 1532, Clarksburg, MD 20871 240-745-5641 heading <u>https://giveanhour.org/</u>

- **Trauma-Informed Care:** Participants will acquire knowledge and skills in providing trauma-informed care and interventions tailored to the unique needs of crime victims, while prioritizing safety, trust, and empowerment.
- Empowerment and Resilience: Participants will learn how to facilitate empowerment and resilience in victims of crime by promoting coping strategies, self-care techniques, and resources for healing and recovery.
- Cultural Sensitivity: Participants will develop cultural competence and sensitivity to address the diverse backgrounds and experiences of crime victims, recognizing the impact of cultural factors on their mental health and help-seeking behaviors.

Expert instruction by Tabitha Morris, LICSW, Clinical Director of The Healing Palace. Focused education on:

- Trauma Informed Care
- Case Management
- Specialized treatment plans