

MINDFUL CONNECTIONS

Hosted By Give an Hour Provider
Dr. Sage Breslin

MENTAL HEALTH PROFESSIONALS NETWORKING HUB

*Join Give an Hour for a Live,
Virtual & Free Interactive
Networking Experience*

**JULY 9, 2024 10:00 AM PST/
1:00PM EST**



Topics Discussed

- Best practices in therapy techniques
- Ethical considerations in mental health counseling
- Incorporating technology into your practice
- Self-care strategies for mental health professionals
- Building resilience in challenging times

DESCRIPTION

Join us for a groundbreaking virtual networking webinar designed exclusively for mental health professionals.

In today's fast-paced world, staying connected and informed is more crucial than ever. Whether you're a seasoned therapist or just starting your career, this opportunity is made just for you to network, exchange ideas, and gain valuable insights from fellow professionals in the field.

LET'S GROW TOGETHER

At Give an Hour, we prioritize bringing mental health professionals together. We know that working in the mental health field is not always easy, and sometimes support from colleagues who understand makes a huge difference.