

# MINDFUL CONNECTIONS

Hosted By Give an Hour Provider  
Dr. Sage Breslin

## MENTAL HEALTH PROFESSIONALS NETWORKING HUB

*Join Give an Hour for a Live,  
Virtual & Free Interactive  
networking experience.*

**MAY 10, 2024 11:00 AM PST  
2:00 PM EST**

## **REGISTER NOW**

Join the discussion on a diverse  
Range of Topics:

- Best practices in therapy techniques
- Ethical considerations in mental health counseling
- Incorporating technology into your practice
- Self-care strategies for mental health professionals
- Building resilience in challenging times

### **DESCRIPTION:**

Join us for a groundbreaking virtual networking webinar designed exclusively for mental health professionals. In today's fast-paced world, staying connected and informed is more crucial than ever. Whether you're a seasoned therapist or just starting your career, this webinar offers a unique opportunity to network, exchange ideas, and gain valuable insights from fellow professionals in the field.

### **STRONGER TOGETHER:**

Here at Give an Hour, we know that working in the mental health field is not always easy, and sometimes support is needed. We want to bring mental health professionals closer as they meet and greet, share resources, consult, and learn from one another

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RESOURCE PAGE FOR DATES!**

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