

Mass Violence Support Group

Get no-cost support from those who understand



Why Join

Peer led support groups offer a space for you to connect, share experiences and receive guidance in an environment that nurtures your wellbeing.

What to Expect

Support group sessions will be held once a month. A trained peer supporter will lead the conversation. They will provide tips and resources based on the needs of the participant. We hope to create a safe environment for people to come and connect with others who has similar experiences.

Who?

- Survivors of mass violence
- Those affected by mass violence

When? Once a month

Upcoming Sessions

Wednesday Feb

