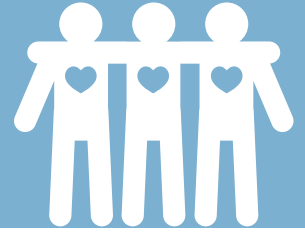


Rare Caregivers Peer-Support Training

Connection Through Shared Experience



No-Cost Training

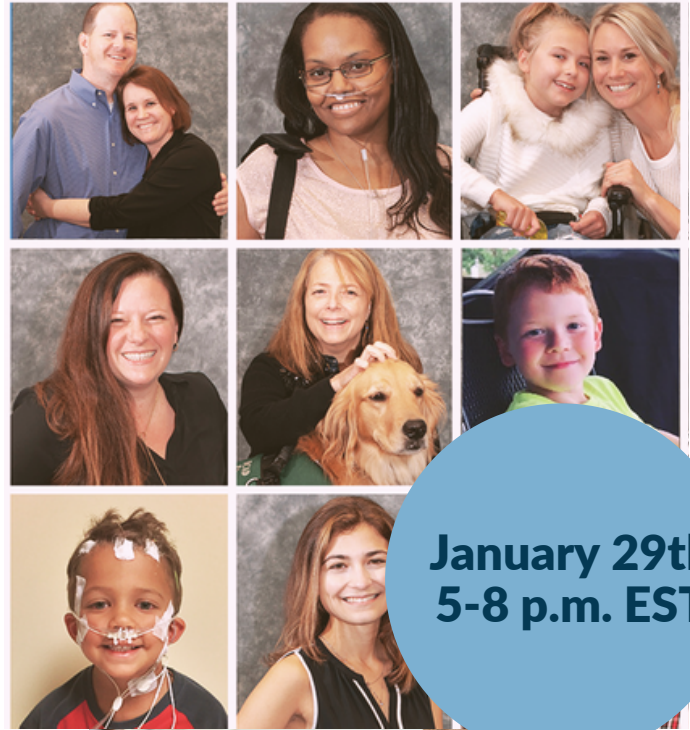
Give an Hour is proud to present, Rare Care, a peer support training program designed specifically for Rare Caregivers. Peer support is a reciprocal program between people who have experienced a similar event and want to continue to heal by listening to and supporting one another. This is not therapy, but ongoing conversations and genuine connections.

What to Expect

Give an Hour's Rare Care peer support training is trauma informed. Participants will explore how to make authentic connections, how to give and gather information, setting wellness goals and boundaries, and highlighting resilience in others. This **no-cost 4-hour** experience is designed to equip rare caregivers with tools to offer support to others with similar life experiences.

[Register Here](#)

We have a limited capacity so RSVP soon.



**January 29th
5-8 p.m. EST**



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CHARITABLE FOUNDATION

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 giveanhour.org/stayintouch/



For any questions, please email:
mmaurer@giveanhour.org