

# Interpersonal Violence Support Group

*Get no-cost support from those who understand*



## Why Join

Peer led support groups offer a space for you to connect, share experiences and receive guidance in an environment that nurtures your wellbeing.

## What to Expect

Support group sessions will be held once a month. A trained peer supporter will lead the conversation. They will provide tips and resources based on the needs of the participant. We hope to create a safe environment for people to come and connect with others who has similar experiences.

## Who?

- Individuals affected by interpersonal violence

**When?** Once a month

## Upcoming Sessions

- Tuesday January 2nd  
5pm-6pmPST
- Tuesday February 6th  
5pm-6pmPST
- Tuesday March 5th  
5pm-6pmPST
- Tuesday April 2nd  
5pm-6pmPST
- Tuesday May 7th  
5pm-6pmPST
- Tuesday June 4th  
5pm-6pmPST



For any questions, please email:  
[mmaurer@giveanhour.org](mailto:mmaurer@giveanhour.org)



**REGISTER HERE!**

This flyer was produced by Give an Hour under 2023-GAH-01, awarded by the Office of Victim Services and Justice Grants, Executive Office of the Mayor, District of Columbia. The opinions, findings, and conclusions or recommendations expressed in this flyer are those of the contributors and do not necessarily represent the official position or policies of the Executive Office of the Mayor.

