

# Sponsorship Package



# SPONSORSHIP PACKAGE 2022-2023



Give an Hour is honored to invite you to provide sponsorship this year. The power behind our work not only lies in our passion to make mental health care and education accessible but also in our proven track record of prioritizing what our clients, volunteers, partners, and sponsors need. Our experience of approaching mental health needs without judgement, but with empathy, has sustained our important work in this space over the past 17 years. We invite you to join us on a journey that relies on listening to those who need help, customizing the services provided, and connecting with like-minded allies in this space.



## Our Mission

Give an Hour's mission is to develop resilient individuals and communities to grow our social impact through responsive, scalable, individualized mental health programs aimed at closing access and delivery gaps to mental health care.

# GOLD

\$200K

In the past Give an Hour has focused sponsorship solely on events. This year we want to introduce you to the wide range of customized services we offer in addition to involvement in our annual event. This package highlights our future collaboration.

## Customizable Benefits

- Landscape Analysis
- 2 Customized Mental Health Resources
- Social media carousel
- In-person or virtual training workshop on a topic of your choice
- Inclusion in one exclusive virtual panel discussion

## Celebrating Connection, May 2023

- Logo on printed and electronic event collateral
- Inclusion in event press release
- Acknowledgement during program from the stage
- Placement of company collateral at networking lunch
- Photo opportunity for 2 individuals with the main speaker for the evening event
- Opportunity to provide an item for the silent auction
- 10 reserved seats at evening program





### **Landscape Analysis:**

Give an Hour examines your professional environment to offer suggestions and help you make informed decisions about the specific support your team needs. How do you know the ROI on your mental health investment? We can help uncover gaps and identify if your coverage is producing the desired impact, aka a healthy, happy, productive team. For example, an employer may offer numerous mental health benefits and feel like employees are taken care of. However, the employees report back that their mental health needs are not being met. The scan may reveal that the issue isn't about the type or number of benefits, but that employees are overwhelmed with information, don't understand what is being provided and how to navigate their benefits.

### **Training Workshops:**

Give an Hour offers a wide range of personalized trainings and workshops to meet short-term needs and long-term goals when it comes to supporting mental health and emotional wellness. We can assist with things like organizational change and capacity building in mental health. Choose from our course selections:

<https://giveanhour.org/learn/>



### **Peer Support:**

Give an Hour's peer support program, "TIPS," stands for Trauma-Informed Peer Support and is an evidence-informed and customizable peer support training program designed specifically for those affected by trauma.

### **Resources:**

Give an Hour provides customized mental health resources that are easy to understand, digest, and incorporate into daily life. Information can be found everywhere. These days it's difficult to know what information to trust. Our resources offer need-to-know basics and offer a common language that can be used.

### **Celebrating Connection Event:**

This exclusive event on May 25, 2023, will serve as the backdrop to unveil the Veteran Workforce Toolkit, providing an opportunity to shine a light on the work achieved in partnership with the collaborators and highlight the curated mental health support services and resources in the Toolkit. This landmark event will provide an atmosphere for shared understanding, powerful collaboration, and bold action around mental health and emotional wellness in the workplace.