



MENTAL HEALTH PROFESSIONAL

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THE FRAUD FALLOUT:  
FINANCIAL FRAUD TRAINING SERIES

[WWW.GIVEANHOUR.ORG/PROVIDERS](http://WWW.GIVEANHOUR.ORG/PROVIDERS)

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## ABOUT GIVE AN HOUR

Give an Hour® is a nonprofit organization dedicated to transforming mental health care through innovation, collaboration, and community-centered approaches. We develop accessible, barrier-free programs that empower individuals to take charge of their emotional well-being while supporting those who serve them—including mental health professionals, peer supporters, and community partners.

Our mission is to develop resilient individuals and their communities, grow our social impact through responsive, scalable, and individualized mental health programs, and close mental health support access and delivery gaps.

## ABOUT FINRA INVESTOR EDUCATION FOUNDATION

The Financial Industry Regulatory Authority (FINRA) is a nonprofit organization authorized by Congress to protect investors and ensure the integrity of financial markets. FINRA regulates brokerage firms and exchange markets, supports investor education, and advances initiatives that promote financial security and fraud prevention.

FINRA Foundation's support of this initiative reflects their commitment to ensuring victims of financial fraud receive the emotional and psychological care they need to recover, rebuild, and thrive

## EQUIPPING CLINICIANS TO NAVIGATE THE PSYCHOLOGICAL TOLL OF FINANCIAL FRAUD

This 6-part training series builds upon foundational research, including Give an Hour's Fraud Victim Mental Health Journey Map.

Through trauma-informed, survivor-centered modules, mental health professionals will learn to:

- Understand the unique emotional and behavioral responses of fraud victims.
- Empower survivors to regain autonomy and trust after victimization.
- Promote resilience and reduce risk of re-victimization.
- Support survivors' loved ones and caregivers through psycho-educational tools.

## BRIDGING THE GAP IN MENTAL HEALTH CARE

Across the U.S., there are an estimated 350 people for every one mental health professional—a ratio that underscores the overwhelming demand for care and the limited capacity to meet it. But even among those professionals, few are trained to recognize the complex trauma experienced by victims of financial fraud.

Guilt and shame are profoundly common among this population, often leading to significant mental health challenges. *A survey conducted by the UK's Stop! Think Fraud campaign revealed that 60% of fraud victims reported struggling with their mental health following the crime.*

This type of harm often goes unseen, leaving survivors to navigate shame, self-blame, and deep emotional distress without appropriate support. The result is a critical care gap where those most in need are the least understood.



Dear Esteemed Providers,

Welcome to the Fraud Fall Out Training—a comprehensive six-module training series offering 9 CE credit hours. Your participation signifies a commitment to addressing the often-overlooked emotional and psychological toll of financial fraud on survivors.

Financial fraud is not merely a monetary issue; it's a profound psychological trauma. The 2024 BBB Scam Tracker Risk Report highlights that over 80% of individuals targeted by investment and cryptocurrency scams reported financial losses, with a median loss of \$5,000. Romance and friendship scams have become the third riskiest, with victims experiencing the highest median losses of \$6,099. These scams often involve "financial grooming," where perpetrators build trust over time before exploiting victims.

Moreover, the emotional aftermath is significant. Approximately 30% of scam victims reported mental health impacts, including anger, loss of trust, and anxiety.

At Give an Hour, we've developed this training to equip mental health professionals with trauma-informed tools to support financial fraud survivors. Our program includes an updated mental health journey map, psychoeducational resources, and a mentorship initiative to foster a community of practice, in addition to multiple benefits to joining our network.

By completing this training, you're joining a dedicated cadre of professionals committed to empowering survivors, helping them regain autonomy, and building resilience against revictimization.

Thank you for your dedication to this critical work with us.

Warm regards,

A handwritten signature in cursive script that reads "Trina Clayeux".

Dr. Trina Clayeux  
CEO, Give an Hour





Dear Mental Health Professional

Welcome to Give an Hour. Your expertise, compassion, and commitment have the power to change lives, and we're honored to welcome you. As a licensed mental health professional, you have the opportunity to join a nationwide network of providers offering vital, barrier-free support to individuals who might otherwise go without care.

At Give an Hour, our mission is to build a community of 50,000 strong, mental health professionals dedicated to healing, hope, and service. We're thrilled to invite you to be part of this powerful movement.

Inside this welcome packet, you'll find everything you need to get started with The Fraud Fallout, our specialized training series focused on the emotional and psychological impact of scams and financial exploitation. You'll also learn more about Give an Hour's ongoing commitment to supporting our network of volunteer providers.

If you're new to our community—welcome! This packet highlights the many benefits of joining our provider network, including professional development opportunities, cultural competence trainings, and meaningful connection with fellow clinicians who share your passion for giving back.

We're here to support you—every step of the way.  
Together, we can transform lives, one hour at a time.

Warmly,

*Andrea Cobb-Jenette*

Program Manager for Providers  
Give an Hour

**"We're so grateful to  
have you join our  
community. Your  
time, expertise, and  
heart make all the  
difference."**





# THE FRAUD FALLOUT:

*A Financial Fraud Support Training  
Series for Mental Health Providers*

*Hosted by Give an Hour, and Supported by  
FINRA Investor Education Foundation*

**REGISTER HERE**

**9 HOUR CE Credit, NBCC | ASWB | APA**



**12pm EST**

- June 2<sup>nd</sup>**    **Module 1: The Fraud Fallout: Understanding Financial Fraud as Trauma**
- July 7<sup>th</sup>**    **Module 2: Addressing the Emotional Impact—Why Financial Fraud is More Than a Financial Loss**
- Aug. 4<sup>th</sup>**    **Module 3: Mental Health Considerations in Navigating Systems and Legal Implications**
- Sept. 8<sup>th</sup>**    **Module 4: The Impact of Financial Fraud on Relationships—With Others, With Money, With Self**
- Oct. 6<sup>th</sup>**    **Module 5: Treatment Modalities and the Intersection with Other Traumas**
- Nov. 3<sup>rd</sup>**    **Module 6: Finding Community—Rebuilding Trust, Validating Experiences, and Supporting Healing**

## **MODULE 1: UNDERSTANDING FINANCIAL FRAUD AS TRAUMA**

### **1.5 CREDIT HOURS**

This module introduces participants to the realities of financial fraud, beginning with a definition of common scams, targeted populations, and victimization statistics. Participants will examine how financial fraud can affect anyone, regardless of background or prior experience, through case studies showcasing diverse experiences. The module will then explore the broader systemic impacts, including national economic losses and the barriers survivors face when seeking support. Building on this foundation, participants will identify financial fraud as a form of trauma comparable to PTSD and complex trauma, and conclude by examining individualized recovery pathways, emphasizing the need for tailored interventions.

#### **Learning Objectives:**

- Define Financial Fraud
- Describe How Financial Fraud Can Target Anyone
- Explain the Systemic Impact of Financial Fraud
- Examine the Personal Impact of Financial Fraud
- Identify Financial Fraud as a Form of Trauma

## **MODULE 2: ADDRESSING THE EMOTIONAL IMPACT—WHY FINANCIAL FRAUD IS MORE THAN A FINANCIAL LOSS**

### **1.5 CREDIT HOURS**

This module deepens participants' understanding of the emotional and psychological impacts of financial fraud. Participants will examine how stigma, prior trauma, and mental health risks such as crisis and suicide contribute to the complex recovery needs of fraud survivors. The module explores how fraud recovery extends beyond financial loss to include grief, reputational harm, and ongoing exploitation. Participants will conclude by accessing survivor-informed insights and clinical resources to support holistic, trauma-informed care for those affected.

#### **Learning Objectives:**

- Identify Social Stigmas
- Recognize the Role of Prior Trauma
- Identify Risk Factors
- Examine the Impact of Fraud Beyond Financial Loss
- Describe the Long-Term Impact
- Access Clinical Resources

## **MODULE 3: MENTAL HEALTH CONSIDERATIONS IN NAVIGATING SYSTEMS AND LEGAL IMPLICATIONS**

### **1.5 CREDIT HOURS**

This module examines the mental health challenges faced by financial fraud survivors as they navigate complex legal, financial, and support systems. Participants will explore the impact of implicit bias and judgment, apply trauma-informed strategies to foster empowerment and emotional safety, and identify systemic barriers that complicate recovery. The module will also address how interactions with legal and financial institutions can cause secondary victimization, equipping participants with strategies to validate survivor experiences, minimize harm, and support long-term resilience.

#### **Learning Objectives:**

- Identify and Address Implicit Bias Toward Fraud Victims
- Apply Trauma-Informed Strategies to Support Fraud Victims
- Identify Barriers to Justice and Support for Fraud Victims
- Identify Mental Health Impacts in Recovery Processes
- Address Secondary Victimization and Re-Traumatization in Recovery Systems

## **MODULE 4: THE IMPACT OF FINANCIAL FRAUD ON RELATIONSHIPS—WITH OTHERS, WITH MONEY, WITH SELF**

### **1.5 CREDIT HOURS**

This module explores the profound impact of financial fraud on survivors' relationships with others, with money, and with themselves. Participants will examine how fraud strains personal relationships, disrupts financial attitudes, and damages self-identity and mental health. The module will provide trauma-informed strategies for rebuilding trust, restoring financial confidence, fostering self-compassion, and re-establishing healthy boundaries and social support networks.

#### **Learning Objectives:**

- Examine the Impact of Financial Fraud on Personal Relationships
- Apply Strategies to Rebuild Healthy Boundaries and Social Support
- Analyze Shifts in Money Attitudes After Fraud
- Recognize the Impact of Financial Fraud on Self-Identity
- Apply Trauma-Informed Strategies to Rebuild Trust

## MODULE 5: TREATMENT MODALITIES AND THE INTERSECTION WITH OTHER TRAUMAS

### 1.5 CREDIT HOURS

This module examines evidence-based approaches for treating financial fraud trauma, including cognitive-behavioral therapy, EMDR, and mindfulness interventions. Participants will explore how financial fraud trauma often intersects with other forms of trauma, such as childhood adversity, interpersonal violence, and systemic oppression. The module concludes by identifying best practices for applying trauma-informed care principles in clinical and peer support settings, with an emphasis on recognizing and addressing professional bias to promote survivor-centered recovery.

#### Learning Objectives:

- Describe Evidence-Based Treatment Approaches for Financial Fraud Trauma
- Recognize the Intersection of Financial Fraud Trauma with Other Forms of Trauma
- Identify Best Practices for Trauma-Informed Support in Clinical and Peer Settings

## MODULE 6: REBUILDING TRUST, VALIDATING EXPERIENCES, AND SUPPORTING HEALING

### 1.5 CREDIT HOURS

This module explores the role of community, connection, and self-trust in healing from financial fraud trauma. Participants will examine how supportive relationships reduce shame and foster resilience, develop strategies for rebuilding trust and setting healthy boundaries, and recognize the psychological effects of self-doubt and betrayal trauma. The module concludes by identifying personalized self-care approaches that promote emotional regulation, empowerment, and long-term recovery.

#### Learning Objectives:

- Describe the Role of Community in Healing
- Develop Strategies to Build Healthy Connections and Rebuild Trust
- Recognize the Psychological Effects of Financial Fraud and Strategies to Rebuild Self-Trust
- Identify Personalized Self-Care Strategies for Emotional Regulation and Recovery

## MEET YOUR FACILITATORS

### Julie Wells, MA

Director of Strategic Development, Give an Hour



*Julie Wells is the Director of Strategic Development at Give an Hour, where she leads efforts to expand mental health initiatives and strategic partnerships. She brings extensive experience in program development, organizational growth, and community engagement in the nonprofit sector.*

### Rob Mascio, MBA, CAMS

Director of Investor Education Outreach, FINRA  
Investor Education Foundation



*Rob Mascio serves as the Director of Investor Education Outreach at the FINRA Investor Education Foundation. He leads initiatives to protect investors from financial fraud, with a special focus on vulnerable adults and seniors. Rob brings over 19 years of experience at FINRA, managing programs that promote financial safety, education, and fraud prevention.*

### Jennifer Lawrence, DSW, LICSW

Give an Hour Provider



*Jennifer Lawrence, DSW, LICSW, is a licensed clinical social worker and provider with Give an Hour. She specializes in trauma-informed care and has extensive experience supporting individuals impacted by financial fraud, interpersonal violence, and systemic trauma. Dr. Lawrence is committed to promoting emotional resilience through accessible, compassionate mental health support.*

# THE FRAUD FALLOUT

Become Part of Our  
National Cadre of Experts

## WHY JOIN?

01

### FREE CE'S

Specialized training in financial trauma (CEUs provided)

02

### MENTORSHIP

National mentorship program for early-career MHPs

03

### TRAUMA-INFORMED CARE

Contribute to shaping new trauma-informed standards of care

04

### JOIN THE MOVEMENT

Become part of a growing professional movement focused on fraud-related trauma



***“Click the button on the website and join! It’s one of the most rewarding ways to use your clinical skills to make a real impact.”***

— Dr. Jennifer Lawrence, GAH Provider

## JOIN AN ELITE NETWORK OF MENTAL HEALTH PROVIDERS

Give an Hour and the FINRA Foundation invite you to join our Cadre of Provider Experts—a learning community focused on developing clinical expertise in addressing the trauma of financial fraud. These meetings will take place on **the last Monday of each month**, following the training webinars held on the first Monday of the month. While the webinars will provide clinical insights and foundational knowledge on that month’s topic, the Cadre Meetings are designed to deepen your learning and connection.

### ***During each Cadre Meeting, you'll have the opportunity to:***

- Reflect on the training content and how it applies to your practice
- Ask in-depth questions and engage in further discussion with trainers and guest speakers
- Access additional resources and tools to support your clinical work
- Connect and network with other providers in a supportive environment
- Combat isolation by learning alongside a community of peers equally committed to understanding financial fraud and its impact

We hope these meetings offer a safe, empowering space for dialogue, support, and professional growth.





## The Give an Hour Commitment

The Give an Hour general commitment is that all providers are expected to see at least one client pro bono for an hour once a week for up to a year. We understand that not all clients may need services this frequently, so the timeframes are flexible. This means it is entirely up to you and the client to decide how frequently you meet. However, seeing at least one client pro bono is required since it aligns with our mission of providing access to care to those in need. In return, Give an Hour provides numerous benefits, including professional development, CEU opportunities, and networking resources.

According to the National Institute of Mental Health (NIMH), in 2022, approximately 59 million adults in the United States—representing about 23% of the adult population—experienced some form of mental health struggles within the past year.

## Benefits of Volunteering With Give an Hour

### Professional Development

Unlock growth opportunities, including continuing education units (CEUs) in areas such as military mental health, self-care, and advanced care techniques.

### Self-Care for Clinicians:

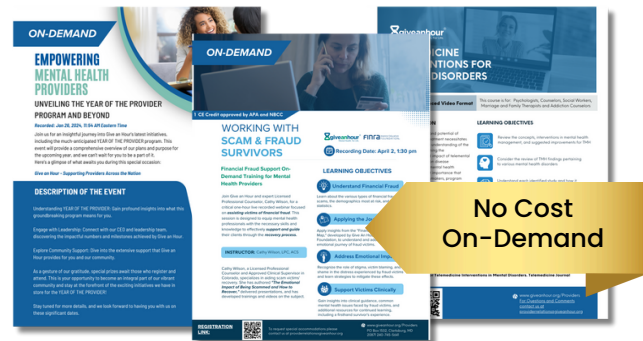
Learn strategies to care for your own mental health while supporting others. Introduce information of self-care like a Help the Helpers tool.

### Flexible Client Load

You control your availability and client load, allowing you to balance your private practice with your desire to give back.

### Access Exclusive Resources

From mental health tools to the latest research, Give an Hour provides all the resources you need to stay ahead of the curve in mental health practice.



### Peer Support and Networking

Join a supportive network of mental health professionals and expand your practice through meaningful connections and collaborative opportunities.

### Cultural Competence

By working with diverse populations, you will gain valuable experience that enhances your cultural understanding and competence in the field.

### Mentorship Opportunity

Aspiring mental health professionals can access mentorship opportunities as they work toward full licensure.