

THE FRAUD FALLOUT

FINDING COMMUNITY – REBUILDING TRUST, VALIDATING EXPERIENCES, AND SUPPORTING HEALING

1.5 HOUR CE Credit Approved (See Page 2)

Free Virtual On-Demand Training Hosted by Give an Hour, and Supported by FINRA Investor Education Foundation



Originally Recorded on
Nov. 3rd, 12:00 PM

Module 6 of our Financial Fraud Support Training Series for Mental Health Providers

TRAINING OUTLINE

This training explores the role of community, connection, and self-trust in healing from financial fraud trauma. Participants will examine how supportive relationships reduce shame and foster resilience, develop strategies for rebuilding trust and setting healthy boundaries, and recognize the psychological effects of self-doubt and betrayal trauma. The module concludes by identifying personalized self-care approaches that promote emotional regulation, empowerment, and long-term recovery.

INSTRUCTOR:

Jennifer Lawrence, DSW, LICSW
Give an Hour Provider



Jennifer Lawrence, DSW, LICSW, is a licensed clinical social worker and provider with Give an Hour. She specializes in trauma-informed care and has extensive experience supporting individuals impacted by financial fraud, interpersonal violence, and systemic trauma. Dr. Lawrence is committed to promoting emotional resilience through accessible, compassionate mental health support.

LEARNING OBJECTIVES



Describe the Role of Community in Healing

Describe how connection, shared experiences, and social support help reduce shame and foster resilience in recovery from financial fraud trauma.



Develop Strategies to Build Healthy Connections and Rebuild Trust

Develop strategies for establishing and maintaining supportive relationships, setting healthy boundaries, rebuilding trust in others, and recognizing red flags in social and financial interactions after financial fraud trauma.



Recognize the Psychological Effects of Financial Fraud and Strategies to Rebuild Self-Trust

Recognize the psychological effects of self-doubt and betrayal trauma following financial fraud, and identify strategies to regain confidence in personal judgment, financial decisions, and life choices.



Identify Personalized Self-Care Strategies for Emotional Regulation and Recovery

Identify self-care approaches that promote emotional regulation, empowerment, and long-term well-being, tailored to individual recovery needs after financial fraud trauma.

THE FRAUD FALLOUT

Recorded Asynchronous Hosted on Zoom

FINDING COMMUNITY – REBUILDING TRUST, VALIDATING EXPERIENCES, AND SUPPORTING HEALING TRAINING AGENDA



Originally Recorded on
Nov. 3rd, 12:00 PM

CE-Approved Agenda

Module 6: The Fraud Fallout – Finding Community: Rebuilding Trust, Validating Experiences, and Supporting Healing

Date: November 3, 2025 | Time: 12:00 – 1:30 PM ET

Facilitators:

- **Julie Wells, MA – Director of Strategic Development, Give an Hour**
- **Dr. Jennifer Lawrence, DSW, LICSW – Give an Hour Provider Network**

12:00 – 12:05 (5 min)

Welcome and Introductions

- Overview of training goals and CE compliance reminders
- Framing Module 6 within the broader Financial Fraud Support Training Series
- Brief facilitator introductions

12:05 – 12:25 (20 min)

The Role of Family and Loved Ones in Healing

- Family dynamics following financial fraud: blame, secrecy, and fractured trust
- Guiding loved ones to respond with validation rather than judgment
- Supporting survivor autonomy and rebuilding relational safety
- Psychoeducational support for loved ones
- Family as a stabilizing force in restoring emotional and financial confidence
- Case vignette: navigating conversations with skeptical or hurt family members

12:25 – 12:35 (20 min)

Peer Support and Collective Validation

- Role of peer communities and survivor networks in recovery and when to introduce it
- Benefits of shared narrative: reducing isolation, normalizing trauma reactions
- Peer-to-peer interventions as a bridge to self-trust and empowerment
- Evidence-based models: group formats, survivor mentorship, community partnerships
- Practical tips for integrating peer connection into ongoing therapeutic work

12:35 – 12:50 (15 min)

Reconnecting with Self Through Community: Psychological Effects of Financial Fraud

- Self-doubt, shame, and identity disruption as relational wounds recap
- How connection helps rebuild self-trust, confidence, and belonging
- Understanding the “relational mirror”: healing self-concept through empathy and shared experience
- Interventions to counteract isolation and restore agency
- Case vignette: client re-engaging in community after prolonged withdrawal

12:50 – 1:10 (20 min)

Rebuilding Trust and Healthy Boundaries in Relationships

- Rebuilding trust beyond the self: within families, friendships, and peer networks
- Trauma-informed strategies for restoring mutual respect and safety after betrayal
- Repairing ruptured relationships through accountability, boundaries, and pacing
- Distinguishing healthy reconnection from re-enmeshment or overexposure
- Examples of boundary-setting and re-engagement within broken trust dynamics
- Supporting clients in setting and maintaining boundaries—including recognizing and ending relationships that remain unsafe or emotionally harmful—to foster adaptive detachment and closure.

1:10 – 1:25 (15 min)

Personalized and Collective Self-Care Strategies

- Emotional regulation tools for survivors and providers
- Collective care: community healing spaces, peer debrief circles, and restorative reflection
- Integrating self-care into ongoing casework to prevent compassion fatigue
- Using relational connection as a protective factor for long-term resilience

1:25 – 1:30 (5 min)

Closing and CE Instructions

- Recap of key learning objectives and takeaways
- Reflective summary: community as both container and catalyst for post-trauma growth
- CE completion instructions and upcoming module preview

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For questions, grievances, or special accommodations, please contact us at providerrelations@giveanhour.org or 240-745-5641. You can also visit giveanhour.org or write to us at PO Box 1532, Clarksburg, MD 20871.

Hosted on ZOOM- For system requirements please visit: **ZOOM WEBSITE**

COURSE COMPLETION AND CE INFORMATION

FOR GIVE AN HOUR MENTAL HEALTH PROFESSIONAL LIVE TRAINING & WORKSHOPS

Course completion requirements:

- For any general questions or concerns, including those related to accessibility, please contact: providerrelations@giveanhour.org.
- At the end of the training session, a link to the post-assessment will be shared in the Zoom chat. The link will also be sent via email the following day.
- Two unique codes will be shared at random times during the session. Please take note of these codes – they are required to complete the post-assessment.
- Licensed Mental Health Professionals must attend the entire course, pass the post-assessment with a score of 80% or higher, and complete a course evaluation to be eligible for CE credit. Once all items are completed, the certificate will be automatically available for download in the ProProfs system.
- Cancellation and refund policies do not apply to Give an Hour trainings, as all of our trainings are offered free of charge. If you are unable to attend, simply do not participate—no penalties will be incurred, and no further action is required.
- You must join the training through Zoom using a web browser or the app. Phone (audio-only) participants are not eligible for credit, as attendance cannot be tracked.

Approved CE Statements:

- Give an Hour provider # 2097, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 04/30/2025– 04/30/2026. Social workers completing this course receive 1.5 cultural competence continuing education credit.
- Give an Hour has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7552. Programs that do not qualify for NBCC credit are clearly identified. Give an Hour is solely responsible for all aspects of the programs
- Give an Hour is approved by the American Psychological Association to sponsor continuing education for psychologists. Give an Hour maintains responsibility for this program and its content.