

# SHAPING THE RESPONSE: EXPANDING SURVIVOR-CENTERED MENTAL HEALTH SERVICES FOR AT-RISK AND CSE-IMPACTED YOUTH.

FREE VIRTUAL TRAINING FOR MENTAL HEALTH PROFESSIONALS HOSTED BY GIVE AN HOUR

September 18th, 2025  
12:00PM-1:30PM ET

1.5 Hours

## COURSE DESCRIPTION

This training equips mental health professionals with the knowledge and skills to effectively support youth impacted by Commercial Sexual Exploitation (CSE), with particular attention to those from underserved and marginalized communities. Participants will explore structural factors contributing to vulnerability, identify limitations in current services, and develop strategies to strengthen access to safety, stability, and healing. The session emphasizes culturally responsive, survivor-centered approaches, offering practical tools to assess and address trauma without re-traumatization. Attendees will reflect on and challenge biases, implement harm-reduction practices, and integrate self-care strategies to sustain ethical, compassionate care in this highly specialized area of practice.

## Learning Objectives



Analyze how Commercial Sexual Exploitation (CSE) uniquely impacts youth from underserved and marginalized communities, including the systemic factors that contribute to vulnerability.



Examine current service and system limitations that increase risk for CSE, and formulate strategies to enhance access to safety, stability, and healing.



Apply culturally responsive and survivor-centered care approaches that align with youth's cultural identities, lived experiences, and self-defined goals.



Assess trauma responses in exploited youth through a culturally informed lens and adapt interventions to prevent re-traumatization.



Recognize and address provider biases, stereotypes, and assumptions about exploited youth to foster empathy and strengths-based engagement.



Integrate harm-reduction practices and implement provider self-care strategies to sustain ethical, compassionate, and effective care for exploited youth.



### Jasmine Conway, M.A. Founder, One Survivor to Another

Jasmine is a survivor-scholar, advocate, and consultant dedicated to empowering survivors and allies in the anti-human trafficking movement. Through her organization, One Survivor to Another, Jasmine leads systems change by bridging lived experience with strategy, research, and survivor-informed solutions. Her work focuses on helping organizations and businesses strengthen their impact through a survivor-led, peer-informed, and data-driven approach. Jasmine provides advocacy, coaching, and consulting services that build capacity, close service gaps, and foster trauma-informed, inclusive environments. Whether working with social systems, nonprofits, or commercial organizations, she tailors solutions to meet the unique needs of each partner while centering the voices of survivors.



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Grievances contact us at  
[providerrelations@giveanhour.org](mailto:providerrelations@giveanhour.org)

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Interactive Live Synchronous  
Distance Course

## TRAINING AGENDA

September 18, 2025

12:00 PM - 1:30 PM

**Speaker: Jasmine Conway M.A**

12:00- 12:10-Welcome & Framing

- Speaker Intro
- Learning Objectives
- Community Agreements

12:10 - 12:20 CSE/C At- Risk Youth Overview

- Define CSE/C
- Review current stats and data
- Introduce key population

12:20- 12:30 - Trauma-Informed & Culturally Responsive Practices

- Discuss how trauma manifests differently across youth populations.
- Highlight issues like cultural disconnection in supportive services
- Mislabeling trauma, and how identity informs response. Include examples.

12:30 - 12:40 PM - Identify & Interrupt Bias

- Explore implicit bias in providers' response to CSE.
- Challenge the common harmful assumptions

12:40 - 12:50 PM - Youth Led Engagement

- Define low barrier engagement
- Review structural gaps and opportunities
- Discuss how to support youth resilience, and practice non-judgment

12:50 - 1:00 PM Case Scenarios & Application

- Review real-world case scenarios, Empathy Exercise: if I were them

1:00 - 1:10 PM Clinical Intervention & Treatment Modalities

- Explore diverse treatment approaches with MHPs.

1:10 - 1:30 PM Closing & Q&A

- Participant feedback
- Question & Answers
- CE process instruction

# COURSE COMPLETION AND CE INFORMATION

## FOR GIVE AN HOUR MENTAL HEALTH PROFESSIONAL LIVE TRAINING & WORKSHOPS

### Course completion requirements:

- For any general questions or concerns, including those related to accessibility, please contact: [providerrelations@giveanhour.org](mailto:providerrelations@giveanhour.org).
- At the end of the training session, a link to the post-assessment will be shared in the Zoom chat. The link will also be sent via email the following day.
- Two unique codes will be shared at random times during the session. Please take note of these codes — they are required to complete the post-assessment.
- Licensed Mental Health Professionals must attend the entire course, pass the post-assessment with a score of 80% or higher, and complete a course evaluation to be eligible for CE credit. Once all items are completed, the certificate will be automatically available for download in the ProProfs system.
- Cancellation and refund policies do not apply to Give an Hour trainings, as all of our trainings are offered free of charge. If you are unable to attend, simply do not participate—no penalties will be incurred, and no further action is required.
- You must join the training through Zoom using a web browser or the app. Phone (audio-only) participants are not eligible for credit, as attendance cannot be tracked.

### Approved CE Statements:

- Give an Hour provider # 2097, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 04/30/2025– 04/30/2026. Social workers completing this course receive 1.5 cultural competence continuing education credit.
- Give an Hour has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7552. Programs that do not qualify for NBCC credit are clearly identified. Give an Hour is solely responsible for all aspects of the programs
- Give an Hour is approved by the American Psychological Association to sponsor continuing education for psychologists. Give an Hour maintains responsibility for this program and its content.