



Date Recorded October, 2025  
0.5 HOUR CE NBCC|APA|ASWB

Recorded Asynchronous Hosted on Zoom



FREE Virtual Training For Mental Health Professional  
Hosted by Give an Hour

# Understanding & Responding to Commercial Sexual Exploitation: Through A Mental Health Lens

## Description

Understanding & Responding to CSE) is a virtual training designed for mental health professionals seeking a deeper understanding of the complex dynamics that shape CSE. Grounded in trauma-informed principles and informed by lived experience, this session explores the distinct characteristics of CSE and how it differs from sex work and trafficking. Participants will gain insight into the systemic and personal vulnerabilities—such as poverty, systemic racism, and community desensitization — that often lead individuals into exploitative circumstances. The training will also equip clinicians to recognize trauma responses and disclosure patterns common among CSE-impacted clients.

Key topics include identifying red flags during therapy, understanding coercion and survival-based entry pathways, and building therapeutic alliances that honor survivor autonomy without falling into rescue dynamics. This CEU-eligible session blends clinical frameworks with real-world examples to support culturally responsive, affirming care that centers safety, trust, and relational healing.



## Speaker



Speaker : Jasmine Conway, M.A. Founder, One Survivor to Another  
Jasmine Conway, M.A., is a survivor-scholar and consultant who leads systems change by bridging lived CSE experience with strategy, research, and survivor-informed solutions.

## Learning Objectives



Clarify distinctions: exploitation vs. sex work vs. trafficking



Integrate survivor and frontline insights



Identify systemic + personal vulnerabilities



Recognize trauma responses in mental health settings



Apply trauma-informed principles in practice

For questions, grievances, or special accommodations, please contact us at [providerrelations@giveanhour.org](mailto:providerrelations@giveanhour.org) or 240-745-5641. You can also visit [giveanhour.org](http://giveanhour.org) or write to us at PO Box 1532, Clarksburg, MD 20871.

Hosted on ZOOM: For system requirements please visit: [ZOOM WEBSITE](#)

[Register Here](#)

# FOUNDATIONS OF COMMERCIAL SEXUAL EXPLOITATION (CSE) TRAINING AGENDA

Originally recorded on  
October, 2025

**Speaker: Jasmine Conway, M.A.,  
Researcher, Social Systems Strategist,  
Anti-trafficking Advocate with Lived  
Experience, Founder of One Survivor to  
Another**

2:00–2:04 | Welcome, Framing & Shared  
Agreements (4 min)

- Welcome & learning objective
- CE framing and agenda overview
- Trauma exposure warning & shared agreement

2:04–2:10 | Understanding CSE: Definitions  
& Pathways (6 min)

- Defining Commercial Sex Trade Involvement
- Common pathways into Commercial Sexual Exploitation
- Recognizing exploitation without labels or full disclosure

2:10–2:17 | Survivor Perspectives & Barriers  
to Support (7 min)

- How survivors describe exploitation in their own words
- Why traditional social support often misses survivors
- What healing actually looks like from a survivor perspective

2:17–2:24 | Mental Health Response:  
What Helps & What Harms (7 min)

- Role of mental health professionals in CSE response
- Common clinical misinterpretations of trauma
- Typical missteps that unintentionally break trust

2:24–2:28 | Survivor-Informed  
Engagement Essentials (4 min)

- Survivor-informed practice principles
- Trust-building vs. trust-breaking behaviors
- Core engagement standards developed by survivors

2:28–2:30 | Closing & Transition  
(2 min)

- Key takeaways
- Reflection prompt
- Transition to Q&A or next segment



# COURSE COMPLETION AND CE INFORMATION

## FOR GIVE AN HOUR MENTAL HEALTH PROFESSIONAL LIVE TRAINING & WORKSHOPS

### Course completion requirements:

- For any general questions or concerns, including those related to accessibility, please contact: [providerrelations@giveanhour.org](mailto:providerrelations@giveanhour.org).
- At the end of the training session, a link to the post-assessment will be shared in the Zoom chat. The link will also be sent via email the following day.
- Two unique codes will be shared at random times during the session. Please take note of these codes – they are required to complete the post-assessment.
- Licensed Mental Health Professionals must attend the entire course, pass the post-assessment with a score of 80% or higher, and complete a course evaluation to be eligible for CE credit. Once all items are completed, the certificate will be automatically available for download in the ProProfs system.
- Cancellation and refund policies do not apply to Give an Hour trainings, as all of our trainings are offered free of charge. If you are unable to attend, simply do not participate—no penalties will be incurred, and no further action is required.
- You must join the training through Zoom using a web browser or the app. Phone (audio-only) participants are not eligible for credit, as attendance cannot be tracked.

### Approved CE Statements:

- Give an Hour provider # 2097, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 04/30/2025– 04/30/2026. Social workers completing this course receive 1.5 cultural competence continuing education credit.
- Give an Hour has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7552. Programs that do not qualify for NBCC credit are clearly identified. Give an Hour is solely responsible for all aspects of the programs
- Give an Hour is approved by the American Psychological Association to sponsor continuing education for psychologists. Give an Hour maintains responsibility for this program and its content.

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## SHAPING THE RESPONSE: EXPANDING SURVIVOR-CENTERED MENTAL HEALTH SERVICES FOR AT-RISK AND CSE-IMPACTED YOUTH.

Date Recorded: **1.5 Hours**  
October, 2025

### COURSE DESCRIPTION

This training equips mental health professionals with the knowledge and skills to effectively support youth impacted by Commercial Sexual Exploitation (CSE), with particular attention to those from underserved and marginalized communities. Participants will explore structural factors contributing to vulnerability, identify limitations in current services, and develop strategies to strengthen access to safety, stability, and healing. The session emphasizes culturally responsive, survivor-centered approaches, offering practical tools to assess and address trauma without re-traumatization. Attendees will reflect on and challenge biases, implement harm-reduction practices, and integrate self-care strategies to sustain ethical, compassionate care in this highly specialized area of practice.

### Learning Objectives

-  Identify CSE impacts on marginalized youth and factors that heighten risk
-  Examine service gaps that increase vulnerability and expand access to healing and stability
-  Apply culturally responsive, survivor-centered care that honors each youth's identity and self-defined goals
-  Examine trauma responses in exploited youth through a culturally informed lens and adapt interventions to prevent re-traumatization.
-  Recognize and respond to trauma in ways that respect culture, identity, and lived experiences
-  Identify and apply strategies to challenge harmful stereotypes and shift practice toward empathy and strengths-based engagement



#### Jasmine Conway, M.A. Founder, One Survivor to Another

Jasmine is a survivor-scholar, advocate, and consultant dedicated to empowering survivors and allies in the anti-human trafficking movement. Through her organization, One Survivor to Another, Jasmine leads systems change by bridging lived experience with strategy, research, and survivor-informed solutions. Her work focuses on helping organizations and businesses strengthen their impact through a survivor-led, peer-informed, and data-driven approach. Jasmine provides advocacy, coaching, and consulting services that build capacity, close service gaps, and foster trauma-informed, inclusive environments. Whether working with social systems, nonprofits, or commercial organizations, she tailors solutions to meet the unique needs of each partner while centering the voices of survivors.



[Register Here](#)

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 [www.giveanhour.org/Providers](http://www.giveanhour.org/Providers)  
For Questions, Comments, or Grievances contact us at [providerrelations@giveanhour.org](mailto:providerrelations@giveanhour.org)

# SHAPING THE RESPONSE: EXPANDING SURVIVOR-CENTERED MENTAL HEALTH SERVICES FOR AT-RISK AND CSE-IMPACTED YOUTH. TRAINING AGENDA

Originally recorded on  
October, 2025

## Speaker: Jasmine Conway M.A

### 12:00- 12:10-Welcome & Framing

- Speaker Intro
- Learning Objectives
- Community Agreements

### 12:10 – 12:20 CSE/C At- Risk Youth Overview

- Define CSE/C
- Review current stats and data
- Introduce key population

### 12:20- 12:30 - Trauma-Informed & Culturally Responsive Practices

- Discuss how trauma manifests differently across youth populations.
- Highlight issues like cultural disconnection in supportive services
- Mislabeling trauma, and how identity informs response. Include examples.

### 12:30 – 12:40 PM - Identify & Interrupt Bias

- Explore implicit bias in providers' response to CSE.
- Challenge the common harmful assumptions

### 12:40 – 12:50 PM - Youth Led Engagement

- Define low barrier engagement
- Review structural gaps and opportunities
- Discuss how to support youth resilience, and practice non-judgment

### 12:50 – 1:00 PM Case Scenarios & Application

- Review real-world case scenarios, Empathy Exercise: if I were them

### 1:00 – 1:10 PM Clinical Intervention & Treatment Modalities

- Explore diverse treatment approaches with MHPs.

### 1:10 – 1:30 PM Closing & Q&A

- Participant feedback
- Question & Answers
- CE process instruction

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