

# BEYOND THE UNIFORM

## EMOTIONAL, SOCIAL, AND SYSTEMIC CHALLENGES WITHIN THE MILITARY AND VETERAN COMMUNITY

**4 HOUR CE Credit Approved (See Page 2)**

*Hosted by Give an Hour, and Supported by the  
Pedersen Foundation*



**Friday, May 1st, 2026**  
**10 AM - 2:30 PM EST**  
**(30 min break)**  
**Optional Q&A to follow**

### USING THE INTERPERSONAL THEORY OF SUICIDE IN PRACTICE

#### Course Description:

This 4-hour training introduces participants to the Interpersonal Theory of Suicide, a framework that addresses the question, “Why do people die by suicide?” Attendees will learn comprehensive assessment strategies based on this theory and gain training in applying clinical interventions tailored to each level of suicide risk.

The training includes real-world case examples, video demonstrations, and clinical anecdotes to deepen understanding of the theory’s two foundational pillars. Emphasis will be placed on developing the skills necessary to recognize warning signs and intervene effectively. A combination of lecture and interactive group discussion will be used to achieve learning objectives.

**\*REGISTRATION:  
LIMITED TO 50 GIVE AN HOUR PROVIDERS**



Hosted on ZOOM- For system requirements please visit: [ZOOM WEBSITE](#)

#### Learning Objectives:



Identify the 2 pillars of the Interpersonal Theory of Suicide

Demonstrate the ability to recognize desire and capability in case examples

Assess levels of risk based on the interpersonal theory of suicide.

Utilize at least three clinical interventions in working with clients endorsing suicidal ideation and/or behaviors

Explain theoretical stances aligned with the interpersonal theory of suicide

#### INSTRUCTORS:

**Dr. James Geisler, PhD, NCC, LPC**



Dr. James Geisler, PhD, NCC, LPC is a licensed professional counselor with over 10 years of experience in the mental health field. Over the past five years, he has trained more than 200 professionals in the Interpersonal Theory of Suicide.

Dr. Geisler first encountered this theory during his doctoral studies and quickly became a passionate advocate for integrating it into Master’s-level counseling education. For five consecutive years, he has designed and solely facilitated a graduate-level course on the Interpersonal Theory of Suicide within a counseling program in Connecticut.

For the past two years, Dr. Geisler has served as an NBCC-Approved Continuing Education Provider for this training, allowing licensed professionals to enhance their clinical skillset and deepen their understanding of suicide-related interventions through this specialized framework.

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## TRAINING AGENDA

### Using the Interpersonal Theory of Suicide in Practice

**Date:** Friday, May 1, 2026

**Time:** 10:00 AM – 2:30 PM ET

**Format:** Live, Non-Interactive Webinar

**CE Credit:** 4 CE Hours

**INSTRUCTOR:** Dr. James Geisler, PhD, NCC, LPC

**REGISTRATION:** LIMITED TO 50 GIVE AN HOUR PROVIDERS

#### 10:00 – 12:00 PM (2 hours)

##### Welcome, Framing & Learning Objectives

- Introduction to the Interpersonal Theory of Suicide
- Overview of Myths associated with suicide related to this
- Theory addressing gaps in the field.
- Concepts of “Desire” and Empirical support (Pillar 1)
- Concept of “Acquired Capability” and Empirical support. (Pillar 2)
- Identifying theory through case examples (group discussion)

#### 12:00 – 12:30 PM (30 minutes)

##### Break

#### 12:30 – 1:30 PM (1 hour)

##### Introduction to the Decision Tree Interview

- Assessment questions per category
- Considerations for additional assessment questions
- Assessing level of risk

#### 1:30 – 2:30 PM (1 hour)

##### Using Clinical Interventions within the Theory

- Defining a crisis
- Goals of crisis intervention
- Review of Clinical Interventions
- Clinical interventions at each level of risk
- Theoretical stances associated with the interpersonal theory of suicide

##### Q&A to follow

#### \*REGISTRATION:

LIMITED TO 50 GIVE AN HOUR PROVIDERS

\*Agenda subject to minor adjustments  
based on presenter flow or audience  
needs.

# COURSE COMPLETION AND CE INFORMATION

## FOR GIVE AN HOUR MENTAL HEALTH PROFESSIONAL LIVE TRAINING & WORKSHOPS

### Course completion requirements:

- For any general questions or concerns, including those related to accessibility, please contact: [providerrelations@giveanhour.org](mailto:providerrelations@giveanhour.org).
- At the end of the training session, a link to the post-assessment will be shared in the Zoom chat. The link will also be sent via email the following day.
- Two unique codes will be shared at random times during the session. Please take note of these codes – they are required to complete the post-assessment.
- Licensed Mental Health Professionals must attend the entire course, pass the post-assessment with a score of 80% or higher, and complete a course evaluation to be eligible for CE credit. Once all items are completed, the certificate will be automatically available for download in the ProProfs system.
- Cancellation and refund policies do not apply to Give an Hour trainings, as all of our trainings are offered free of charge. If you are unable to attend, simply do not participate—no penalties will be incurred, and no further action is required.
- You must join the training through Zoom using a web browser or the app. Phone (audio-only) participants are not eligible for credit, as attendance cannot be tracked.

### Approved CE Statements:

- Give an Hour provider # 2097, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 04/30/2025– 04/30/2026. Social workers completing this course receive 1.5 cultural competence continuing education credit.
- Give an Hour has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7552. Programs that do not qualify for NBCC credit are clearly identified. Give an Hour is solely responsible for all aspects of the programs
- Give an Hour is approved by the American Psychological Association to sponsor continuing education for psychologists. Give an Hour maintains responsibility for this program and its content.

For questions, grievances, or special accommodations, please contact us at [providerrelations@giveanhour.org](mailto:providerrelations@giveanhour.org) or 240-745-5641. You can also visit [giveanhour.org](http://giveanhour.org) or write to us at PO Box 1532, Clarksburg, MD 20871.

