

BEYOND THE UNIFORM

EMOTIONAL, SOCIAL, AND SYSTEMIC CHALLENGES WITHIN THE MILITARY AND VETERAN COMMUNITY

1.5 HOUR CE Credit Approved (See Page 2)

Hosted by Give an Hour, and Supported by the Pedersen Foundation



Originally Recorded
Friday, April 17th, 2026
12pm - 1:30pm EST

TRAUMA-INFORMED APPROACHES TO MORAL REPAIR: CLINICAL AND COMMUNITY-BASED STRATEGIES

Course Description:

This 90-minute training, eligible for 1.5 CE credits, builds upon foundational concepts of moral injury and moral distress and focuses on trauma-informed strategies that support moral repair, reconnection, and recovery. Participants will examine evidence-informed clinical approaches used to address moral injury in military and veteran populations, as well as civilian populations, including therapeutic principles that promote meaning-making, self-forgiveness, restoration of identity, and relational repair. The training also explores non-clinical pathways to healing, including peer support, community connection, spiritual and cultural resources, and system-level practices that foster belonging and help-seeking. Designed to meet continuing education requirements for licensed mental health professionals, this training is also appropriate for non-clinical providers, peer supporters, leaders, chaplains, and organizational stakeholders seeking to better understand trauma-informed responses to moral suffering across military and civilian contexts.



Hosted on ZOOM- For system requirements please visit: [ZOOM WEBSITE](#)

Learning Objectives:



Identify trauma-informed clinical approaches that support moral repair, reconnection, and recovery in individuals experiencing moral injury, including evidence-informed treatment modalities and core therapeutic principles



Describe trauma-informed non-clinical strategies that promote moral repair and restoration of connection, including peer support, community engagement, meaning-making practices, and system-level supports.

INSTRUCTORS:

Dr. Daniel L. Roberts, DM/IST
President & CEO, Moral Injury Support Network for Servicewomen, Inc.



Dr. Daniel L. Roberts is President and CEO of the Moral Injury Support Network for Servicewomen, Inc., a nonprofit advancing women-focused education and research on moral injury. A mission-driven leader, writer, and advocate with over two decades of

experience supporting service members and veterans, he works at the intersection of research, advocacy, and lived experience. Dr. Roberts specializes in moral injury, trauma-informed care, and the unique experiences of women veterans, translating complex research into practical resources for caregivers, military families, and organizations. He holds a Doctor of Management in Organizational Leadership, an M.S. in Information Systems, and a B.A. in Management and Ethics.

COURSE COMPLETION AND CE INFORMATION

FOR GIVE AN HOUR MENTAL HEALTH PROFESSIONAL LIVE TRAINING & WORKSHOPS

Course completion requirements:

- For any general questions or concerns, including those related to accessibility, please contact: providerrelations@giveanhour.org.
- At the end of the training session, a link to the post-assessment will be shared in the Zoom chat. The link will also be sent via email the following day.
- Two unique codes will be shared at random times during the session. Please take note of these codes – they are required to complete the post-assessment.
- Licensed Mental Health Professionals must attend the entire course, pass the post-assessment with a score of 80% or higher, and complete a course evaluation to be eligible for CE credit. Once all items are completed, the certificate will be automatically available for download in the ProProfs system.
- Cancellation and refund policies do not apply to Give an Hour trainings, as all of our trainings are offered free of charge. If you are unable to attend, simply do not participate—no penalties will be incurred, and no further action is required.
- You must join the training through Zoom using a web browser or the app. Phone (audio-only) participants are not eligible for credit, as attendance cannot be tracked.

CE Statements:

- Give an Hour provider # 2097, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 04/30/2025– 04/30/2026. Social workers completing this course receive 1.5 cultural competence continuing education credit.
- Give an Hour has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7552. Programs that do not qualify for NBCC credit are clearly identified. Give an Hour is solely responsible for all aspects of the programs
- Give an Hour is approved by the American Psychological Association to sponsor continuing education for psychologists. Give an Hour maintains responsibility for this program and its content.

For questions, grievances, or special accommodations, please contact us at providerrelations@giveanhour.org or 240-745-5641. You can also visit giveanhour.org or write to us at PO Box 1532, Clarksburg, MD 20871.



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TRAINING AGENDA



Originally Recorded:

Friday, April 17th

12pm - 1:30pm EST

Moral Injury and Moral Distress: Clinical Foundations for Military and Civilian Contexts

Date: Friday, April 17th 2026

Time: 12:00 PM – 1:30 PM ET

Format: Live, Non-Interactive Webinar

CE Credit: 1.5 CE Hours

INSTRUCTOR: Dr. Daniel Roberts, President & CEO, Moral Injury Support Network for Servicewomen, Inc.

12:00 – 12:05 PM (5 minutes)

Welcome, Framing & Learning Objectives

- Welcome and speaker introduction
- CE information and requirements
- Overview of training focus: trauma-informed pathways to moral repair
- Review of session objectives

12:05 – 12:20 PM (15 minutes)

Core Therapeutic Principles for Moral Repair

- Trauma-informed principles that reduce shame, self-condemnation, and isolation in moral injury
- How safety, attunement, and a non-pathologizing stance support moral processing and identity stabilization
- Role of clinician presence in restoring moral agency and dignity

12:20 – 12:40 PM (20 minutes)

Evidence-Informed Clinical Interventions

- Clinical interventions used in military and civilian moral injury work (adaptive disclosure, meaning-centered approaches, forgiveness-based work)
- How these modalities address guilt, betrayal, identity rupture, and spiritual/existential distress
- When referral to specialized care (chaplaincy, group-based interventions, spiritually integrated care) may be indicated

12:40 – 12:55 PM (15 minutes)

Identity Reconstruction and Relational Repair

- Strategies that facilitate self-forgiveness and values reintegration
- Approaches that promote repair of relationships and restoration of moral agency
- Markers of movement from moral suffering toward moral repair

12:55 – 1:15 PM (20 minutes)

Role of Peer and Community Connection

- Role of peer support in moral repair
- How peer connection mitigates isolation and moral shame
- Protective role of belonging and shared meaning
- Impact of lived-experience sharing and peer-led examples in normalizing moral struggle and fostering connection

1:15 – 1:25 PM (10 minutes)

Meaning-Making and Cultural/Spiritual Resources

- How spiritual, cultural, and existential frameworks support moral reconciliation
- Practices that facilitate narrative integration and values clarification
- Importance of cultural humility when engaging spiritual or moral frameworks
- How systems can compound or repair moral harm

1:25 – 1:30 PM (5 minutes)

Institutional and System-Level Influences & Closing

- Key takeaways and closing remarks
- CE information and requirements
- Q&A to follow

**Agenda subject to minor
adjustments based on presenter
flow and audience needs.**