

Rare Caregivers Support Group

Get no-cost support from those who understand



Why Join

Peer led support groups offer a space for you to connect, share experiences and receive guidance in an environment that nurtures your wellbeing.

What to Expect

Support group sessions will be held every 2 weeks. Each session will focus on a specific topic relevant to your journey. We hope that these topics empower you with insight and offer you the tools you need to navigate challenges. A trained peer support lead will offer shared practical skills and knowledge.

Who?

- Rare Caregivers
- Support Systems (for example, family, friends, co-workers)

When? Every other Monday night at 8pm EST

Upcoming Sessions

- Monday April 1st
8pm-9pm EST
- Monday April 15th
8pm-9pm EST
- Monday April 29th
8pm-9pm EST
- Monday May 13th
8pm-9pm EST
- Monday May 27th
8pm-9pm EST
- Monday June 10th
8pm-9pm EST



For any questions, please email:
mmaurer@giveanhour.org



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