

## Information Paper on the Indiana Army National Guard (INARNG) Substance Abuse Program (SAP):

The purpose of the INARNG SAP program is to help command teams have resilient, healthy, and mission-ready Soldiers. One part of this is being able to refer service members to certified and/or licensed substance abuse counselors where the INARNG service members live, which could be anywhere throughout the state of Indiana. An obstacle that INARNG service members face is the fact that most are unable to receive services at Military Treatment Facilities (MTFs) unless they are on federal orders. Majority of the INARNG service members are never on federal orders. They do their required drill of one weekend a month and two weeks a year. These service members do not qualify for VA services because they do not have any federal active duty time nor do they have a DD214, which shows that they are in veteran status. Many of the service members do not have insurance, even though they qualify for Tricare Reserve Select for a fee. Some service members are uninsured due to lack of employment. They depend on their monthly drill checks to make ends meet. We are educating the service members on Healthy Indiana Plan (HIP 2.0).

Our need is for those service members that most likely do not need to go into substance abuse treatment to be able to get a substance abuse assessment completed by a certified and/or licensed substance abuse counselor. The substance abuse counselor will state if the service member does or does not have a substance abuse problem. If the service member does not have a substance abuse problem, writing a statement such as, **“My professional opinion, at this time (Client’s name) does not have a substance abuse problem.” Signed.....**

If the Soldier does not have a substance abuse problem but would benefit by going to AA, NA, MA, etc. or receiving behavioral counseling, then writing a statement such as, **“My professional opinion at this time, (Client’s name) does not have a substance abuse problem but I strongly recommend that the client attends (time...i.e. 3 weeks) of AA, NA, MA meetings or (number of sessions....i.e. 6 sessions) of behavioral health counseling.” Signed.....** If the Soldier does have a substance abuse problem, state what the recommended treatment should be.

Someone from the INARNG SAP team will be contacting the counselors to verify that he/she is able to take a new client and to answer any questions that he/she may have about the progress and what is needed to help retain the Soldier or provide the necessary help to the Soldier.

Here is the INARNG SAP Team:

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