FREE COUNSELING FOR CHILDREN AND YOUTH

Give an Hour has partnered with Healthy Minds Fairfax (HMF), Fairfax County and the Cities of Fairfax and Falls Church, Virginia to provide no cost, confidential mental health services to income eligible youth and children between the ages of 5 and 21.

How to Access Individual Services

1. Visit bit.ly/GiveanHourHMFairfax

 *Please note that the link is case sensitive

2. Check your eligibility
3. Type in your zipcode
4. Call your provider

Questions please contact:
fairfaxcounty@giveanhour.org