PROCLOMATION

“CHANGE DIRECTION DAY”

***WHEREAS***, nearly one in every five people, or 43.8 million American adults, has a diagnosable mental health condition, half of all lifetime cases of mental disorders begin by the age of 14 and only 40% of these individuals receive the assistance they need; and

***WHEREAS***, the Campaign to Change Direction began as an international movement of partners from business, government agencies, non-profits and entire communities that have pledged to reach millions of people with emotional suffering and help them with empowering tools and educational programs; and

***WHEREAS,*** our local community partners are committed to change the culture surrounding mental health and wellness in \_\_*(location*)\_\_ by participating in “A Day to Change Direction”*;* and

***WHEREAS,*** knowing the basic Five Signs of Emotional Suffering – *change in personality, agitation, withdrawal, decline in personal care, and hopelessness*, can provide help to a family-member, friend, neighbor or co-worker in emotional pain.

***NOW*, *THEREFORE***, be it known by all and declared by the Executive and Council of the County of ­­­­­\_\_\_\_\_\_\_\_, State of\_\_\_\_\_\_\_\_\_\_ that: This Executive and Council proclaim

***(Day of Week), (Month and Day), 2021 to be***

***“Change Direction Day \_\_\_\_\_\_\_\_ (County)”***

And urge all citizens to know the Five Signs of Emotional Suffering, to be compassionate and help in improving and supporting the mental health and wellness of everyone on this \_\_\_\_\_\_\_\_\_\_ day of \_\_\_\_\_\_\_\_\_ in the year 2021.